



Course title: PSYCHOLOGY OF DEVELOPMENT AND PERSONALITY

ECTS credit allocation (and other scores): 4

Semester: autumn

Level of study: ISCED-6 - first-cycle programmes (EQF-6)

Branch of science: Social sciences

Language: English

Number of hours per semester: 30

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Type of classes: classes and lectures

Substantive content

CLASSES: During the course students can explore basic and specific issue related to human development. They will analyze developmental disorders that influence educational problems in school as well as in family. We will focus on the process of building individual and social identity as a background of mature personality. Case studies will be basic material for work on particular issues: (1) specific difficulties in learning process (1) intelligence and its developmental disorders, (3) specific emotional disorders – ADHD and emotional inhibition (4) specific patterns in identity development and disorder – autonomy vs symbiotic personality, (5) adolescence as critical period in identity development

LECTURES: During lectures knowledge on basic developmental processes on the cognitive, emotional, social and personal levels will be delivered: (1) developmental psychology subject and its application (2) brain and development (3) cognitive processes and executive functions from cognitive-developmental and psychometric perspectives, (4) emotional development and maturity in the life cycle (5) attachment as background of personality development, (6) personality development from psychodynamic, behavioral and social-cognitive perspective, (7) traditional and contemporary concepts of identity, (8) object-related identity development (9) social development – social intelligence and social competences building, (10) prosocial behaviors, altruism and aggression

Learning purpose: (min. 50 znaków, max. 100 znaków- usuń nawias po zamieszczeniu treści)

The aim of education is to explore basic mechanisms of human development and enrich knowledge on the formation of cognitive, emotional and social resources of human being. Moreover reflective approach to human development based on analysis of his potential will be developed.

On completion of the study programme the graduate will gain:

Knowledge: Students get to know basic concepts of developmental psychology and are able to define them. They understand the mechanisms related to the development of the cognitive, emotional and social sphere. They know factors that influence development of mature personality and developmental disorders.

Skills: Students have insight into their own dispositions and development opportunities. It affects their ability to manage their own actions in relationships with others. They can apply knowledge in everyday life. They can also differ typical developmental phenomena from developmental disorders and are able to analyze factors affecting development and its disorders.



Social Competencies: Students can argue and explain the mechanisms of personal development. They can reflect the problems of human nature, have sensitivity in building relationships with others and show awareness of themselves and others. Students are ready to deepen psychological knowledge on development and personality.

Basic literature:

Fenja Ziegler, Peter Mitchell (2013), Fundamentals of Developmental Psychology, Taylor and Francis Group

Denise Boyd, Helen Bee, Paul Johnson (2014), Lifespan Development, Page

Supplementary literature:

Susan Forward (2002), Toxic Parents: Overcoming Their Hurtful Legacy and Reclaiming Your Life, Bantam Bell

The allocated number of ECTS points consists of:

Contact hours with an academic teacher: 30

Student's independent work: 70