

Curriculum Vitae

Date of Birth 24 September 1960

University

1984 Agriculture University, Olsztyn, Poland, Faculty of Food Technology, major: food technology, speciality: human nutrition

Professional Work

1984 – 1985 chef instructor: Military Unit No 1980, Olsztyn, Poland

1985 – 1993 assistant: Agriculture University in Olsztyn, Poland, Faculty of Food Technology, Department of Human Nutrition

1993 – 2001 lecturer: Agriculture University in Olsztyn, Poland, Faculty of Food Technology – after renaming – University of Warmia and Mazury, Olsztyn, Poland, Faculty of Food Science, Department of Human Nutrition

2001 – professor: University of Warmia and Mazury in Olsztyn, Poland, Faculty of Food Science, Department of Human Nutrition

University Degrees

1993 doctorate of agriculture sciences, research field: food technology and human nutrition
Agriculture University in Olsztyn, Poland, Faculty of Food Technology

2000 postdoctoral lecturing qualification of agriculture sciences, research field: food technology and human nutrition
University of Warmia and Mazury in Olsztyn, Poland, Faculty of Food Science, Department of Human Nutrition

2005 professor of agriculture sciences
University of Warmia and Mazury in Olsztyn, Poland

Learned Societies

1988 – *Polish Society of Nutritional Sciences*, vice-president 2011-; treasurer 2007-2010

1995 – *Polish Arteriosclerosis Society*, member

1995 – *International Arteriosclerosis Society (IAS)*, member

1997 – *Polish Association for the Study of Obesity*, member

2003 – *European Association for the Study of Obesity (EASO)*, member

University Committees

2002 – 2008 *Faculty Committee for Science and Partnership*, Faculty of Food Science, University of Warmia and Mazury in Olsztyn, Poland, chairwoman (2002-2005), member (2006-2008)

2006 – *University Evaluation Committee*, University of Warmia and Mazury in Olsztyn, Poland, member

2008 – *Faculty Committee for Teaching*, Faculty of Food Science, University of Warmia and Mazury, Olsztyn, Poland,

2008 – 2011 Coordinator of major: „*food technology and human nutrition*”, Faculty of Food Science, University of Warmia and Mazury in Olsztyn

2009 – Coordinator of major: „*dietetics*”, Faculty of Medical Science, University of Warmia and Mazury in Olsztyn

Committees other than on the University

1998 – 2010 *Regional Committee of Nutrition Knowledge Contest*, chairwoman

1998 – 2003 *Committee of Nutrition Knowledge*, Committee on Human Nutrition Science in Polish Academy of Sciences, Division VI Medical Sciences, member

1999 – *Nutrition Knowledge Contest*, Main Committee – member

2000 – *Children and Youth Nutrition Committee*, Committee on Human Nutrition Science in Polish Academy of Sciences, Division VI Medical Sciences, member

2004 – 2007 *Dietetics and Food Prevention Committee*, Committee on Human Nutrition Science in Polish Academy of Sciences, Division VI Medical Sciences, member

2007 – 2014 *Polish Academy of Sciences*, Division VI Medical Sciences, Committee on Human Nutrition Science, member

2007 – *Committee of Behavioural Nutrition Conditionings*, Committee on Human Nutrition Science in Polish Academy of Sciences, Division VI Medical Sciences, member

2007 – 2011 *Committee of Chemistry, Biochemistry, Food Analysis*, Committee on Food Sciences in Polish Academy of Sciences, Division V Agricultural, Forestry and Veterinary Sciences, member

2011 – 2014 *Dietetics Committee*, Committee on Human Nutrition Science in Polish Academy of Sciences, Division VI Medical Sciences, member

2009 – 2014 Editorial Council of *Polish Journal of Food and Nutrition Sciences*, member

Cooperation with Foreign Centres

2001 – A.I. Virtanen-Institute for Molecular Sciences, University of Kuopio, Finland

2001 – 2003 Fakulta Ekonomiky Obrany Státu, Katedra Ekonomiky A Hygieny Výživy, VVŠSPV, Vyškov, Česká Republika

2003 – Katedra Sportovní Medicíny a Zdravotní Tělesné Výchovy, Fakulta Sportovních Studií, Masarykova Univerzita, Brno, Česká Republika

2003 – 2006 Consumer Services Research Centre, School of Management, University of Surrey, Guildford, United Kingdom

2003 – 2006 Department of Public Health and Caring Sciences, Uppsala University, Uppsala, Sweden

2003 – 2006 Federal Research Centre for Nutrition, Institute of Nutritional Economics and Sociology, Karlsruhe, Germany

2003 – 2006 Grup d’Estudis Alimentaris, Universitat de Barcelona, Parc Científic de Barcelona, Barcelona, Spain

2003 – 2006 Istituto Nazionale di Ricerca per gli Alimenti e la Nutrizione, Rome, Italy

2003 – 2006 The MAPP Centre, The Aarhus School of Business, Aarhus, Denmark

2003 – Universidade do Porto, Faculdade de Ciências da Nutrição e Alimentação, da Universidade do Porto, Porto, Portugal

2005 – School of Biomedical Science, University of Ulster at Coleraine, BT521SA Coleraine, Cromore Road, Northern Ireland, UK

Papers

last update 14.01.2012

Published papers in total 420

Original papers in journals 144

Review articles in journals 5

Reports 238

Chapters in international handbooks 1

Chapters in Polish handbooks 5

Monographs 1

Chapters in monographs 23

Textbooks 3

Reviews for Universities

Research projects of Ministry of Science and Higher Education 71

PhD papers 15

Works for position/title 11

Research works

Periodicals: Appetite (from 2008), Asia Pacific Journal of Clinical Nutrition (from 2006), Food. Science. Technology. Quality (from 2005), International Journal of Obesity (from 2009), Italian Journal of Food Science (from 2008), Journal of Elementology (from 2003), Polish Journal of Food and Nutrition Sciences (from 2002), Polish Journal of Natural Sciences (from 2006), Public Health Nutrition (from 2008)

Publishings: Acta Scientarum Polonorum (from 2007), Czezelej Publishing (from 2008), Food and Nutrition Institute Publishing (from 2002), Publishing of University of Physical Education in Warsaw (from 2007), Warsaw University of Life Science Publishing (from 2004), Science Publishing DIFIN (from 2011), Medical Publishing PZWL (from 2011)

Reviews for Vocational Training

Teaching programs National Centre for Supporting Vocational and Continual Education (from 2003)

Examination Packages Regional Examination Committee, Branch in Łomża (from 2006)

Awards

1994, 2000, 2003, 2005, 2008 Team awards from Chancellor of Agriculture University/ University of Warmia and Mazury for achievements in science

1995, 1996, 1999 Team awards from Chancellor of Agriculture University/ University of Warmia and Mazury for achievements in teaching

2000 Individual award from Chancellor of Agriculture University/ University of Warmia and Mazury for achievements in science

2005 Honouring by Polish Society of Nutrition Sciences with the award of Professor Aleksander Szczygieł for research work

2005 Silver Order of Merit of the Republic of Poland